



LOCATION

Wilson Central High School - 419 Wildcat Way Lebanon, TN 37090
HWY 840 Exit 72(Central Pike), West to 1st street on right (High School Rd). Turn Right (North), Go approximately ¼ mile, High School is on left

CONTACT

Stephen Petricca: 615-498-0700— Steven Smith: 615-351-8503—John Kramer: 810-599-3575
Email: Stephen Petricca - Petricca-coach@lionspridegrappling.com
Steven Smith - sallen727@aol.com
John Kramer – kramerj@wcschools.com

SANCTION - RULES - ELIGIBILITY

See USA WRESTLING at www.themat.com for official rules on all styles

STYLES & ENTRY FEE

Freestyle, Greco-Roman, No Ghi Submission Grappling
\$10.00 for 1 style - \$15 for 2 styles - \$25 Submission Grappling

AGE DIVISIONS

BANTAM, INTERMEDIATE, NOVICE, SCHOOLBOY, CADET, JUNIOR, UNIVERSITY, SENIOR, VETERAN – A/B/C/D

REGISTRATION & WEIGH-INS

Physical Weigh In - Saturday 7:00 AM – 8:00 AM

Fax Weigh-Due by 12:00 PM Thursday, April 23, 2009 Clubs wishing to fax weigh-ins for this event must contact Stephen Petricca or Steve Smith no later than April 13, 2009 **NO EXCEPTIONS for approval!!!** - All faxes **must** be on Lions Pride forms or they **will not** be accepted!

TOURNAMENT START TIMES

Greco: 9:00 am / Freestyle: 11:00 am / Submission Grappling: 12:00 am

AWARDS FOR EACH STYLE

Medals to 1st - 2nd - 3rd - No awards presented until completion of the weight class.

SPECTATOR FEE

\$6.00 Adult—\$4.00 Child (under 12)

Tournament Information

All participants must present a current USWA membership card at registration. Competitors under 18 years of age must have the signature of a parent or guardian on the registration form as well as the liability waiver. The registration form must be submitted along with a \$10 entry fee, or \$15 for both styles. Make checks out to Lions Pride Grappling. Reversible red / blue singlet is preferred. No school uniforms are allowed. The use of headgear is strongly encouraged.

ADDITIONAL INFORMATION

Concessions will be available. No Coolers in Gym! - Coolers will be placed in a separate area. Detailed information will be provided to parents/coaches when contact is made regarding registration and weigh-ins

ADDITIONAL INFORMATION

See next page for registration and waiver forms.

