

LIONS PRIDE GRAPPLING CODE OF CONDUCT / RULES AND REGULATIONS



Teaching the fundamentals of wrestling in a safe learning atmosphere is the primary responsibility of Lions Pride Grappling Club. We ask that everyone observe these rules to make it an enjoyable experience for everyone involved. Thank you for your consideration.

There is ABSOLUTELY NO SMOKING OR CHEWING OF TOBACCO, OR ALCOHOL PERMITTED IN THE LIONS PRIDE GRAPPLING FACILITY. The failure of parents or students to comply with this rule will result in a warning on the first offense and then termination of the said student(s) or parent(s) themselves will be asked to leave the program.

Parents are welcomed to attend practice. However, parents are asked to refrain from yelling or coaching the wrestlers during practice.

Parents are responsible for siblings of wrestlers attending practice. The siblings are expected to stay in the wrestling room. They are not to leave the wrestling room or disrupt practice.

Wrestlers that are not listening, not participating, or disrupting practice will be sent home or asked to sit out the remainder of that practice until their parents come to pick them up.

Good sportsmanship is to be shown at all times. The coaches will not tolerate temper tantrums, bad language, etc. by any wrestler of the club. If a wrestler displays this kind of behavior, they may be reprimanded, suspended or terminated from the program.

Hair and fingernails are to be kept short and clean. No jewelry is allowed during wrestling, this is for the protection of all wrestlers involved in the sport.

The Lions Pride Grappling Club at times may travel as a team to the same tournaments. A caravan will be formed the morning of the tournament for parents wishing to travel as part of the club. The information of where the caravan will meet, and what time we will depart Wilson County is usually given at practice the Thursday before the tournament. You can also check the calendar on the web site and we will try to keep it updated with the information.

Coaching or cheering will not be allowed mat side in a tournament. If a parent wants to cheer for their kid, they will need to stay in the stands during the match to do so.

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Parents are asked to remain in the stands while their child is wrestling in a tournament. This is for the safety of the wrestlers, to avoid congestion at mat side, and allow all attendees to watch the participants.

Lions Pride Grappling Club parents and wrestlers are encouraged to sit together at tournaments.

Tournament sign-up sheets are to be completed two weeks prior to the tournament along with the payment of the applicable tournament fee. If a wrestler is signed up for a tournament and is then unable to attend the tournament, the parent/guardian is still responsible for the tournament entry fee.

If there is a returned check, any charges incurred by the club will be charged to you. Also, at that point you will be required to pay cash for any future dues or tournaments.

Lions Pride Grappling intends to have an unsurpassed level of excellent with regard to parents, students, staff and name due to the enthusiasm of our coaches and the cooperation of our parents. All of the wrestlers are important to the club regardless of their wrestling ability and whether they win or lose. The success of the club depends on encouraging our youth to always try and do their best. We need everyone's help to keep Lions Pride Grappling #1!

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Date _____

Parent/Guardian (Print Name): _____

Parent/Guardian Signature: _____

Student Name (Print Name) _____

Student Name (Print Name) _____

Student Name (Print Name) _____

Student Name (Print Name) _____